

Low Blood Sugar Kit Event Guide

What to Include _ □ ×

- Pencil boxes
 - Smarties
 - Juice Boxes
 - Liquid IV
 - Skinny Pop
- Applesauce pouches
 - Skittles pouches
- Glow Gummies or glucose tabs
- Stickers (for the kids to decorate their box)

If your event isn't in combination with a backpack event, you could supply lunchboxes/bento boxes to put in lunch kits/backpacks to families that need them!



How to Distribute _ □ ×

- Pair with a local backpack event & advertise in places T1D's will see!
- Informal stop by at local Breakthrough T1D or other diabetes nonprofit location. Parks work too!
- Plan a morning on each end of your state for families to visit & grab supplies.

Reminders _ □ ×

Have some reusable bags for them to take extra supplies to restock their kits!



Keep it simple! _ □ ×

Families will appreciate it regardless of what you include!

